### We Train Youth of All Ages and in **All Settings**

- School-age students in a classroom setting or assembly
- Girl Scouts or Boy Scouts meetings
- Community classes
- Youth groups
- Birthday parties and other gatherings
- Private in-home trainings for families, small and large groups

Contact us today to schedule an on-site safety training for your group:

**Tel:** 518.779.4926

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**Well Source Development LLC** 

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### First Aid and **Safety Classes for** Youth





# We Promote Well-Informed, Safe & Healthy Communities

Supporting corporations and communities, Well Source Development is an independent health and safety training and consulting firm. We provide a variety of health and safety trainings and health communications consulting services that are 100% applicable to the clients we serve.

Well Source Development was established in 2008 out of the desire to offer worksites and community groups a quality training firm with outstanding customer service. Because all groups are different, we pride ourselves with the ability and expertise to customize many of our trainings so that our content is fresh, relevant, interesting and tailored specifically to the audience we're speaking to.





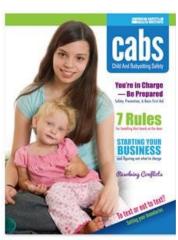
## What Age Should Children Learn CPR?

According to the American Heart Association children as young as nine years old can learn and retain training in CPR. Though many children of that age may not have the physical strength to perform effective chest compressions on an adult, learning this life-saving skill will stick with them for many years to come.

#### **Youth Safety Classes**

We offer a variety of classes that focus on

personal safety, accident prevention, effective babysitting safety skills, and recognizing and responding to medical emergencies with CPR and basic first aid.



#### **Course Options**

#### Child and Babysitting Safety Ages 11-15

This 5-hour course teaches a variety of safety skills and basic care techniques to prepare youth to be effective child and babysitters. CPR and basic first aid instruction included. Two-year certification issued by the American Safety and Health Institute (ASHI).

#### Staying Safe at Home Alone Ages 10-12

This 2.5 hour safety course covers a variety of home safety tips including personal responsibility, handling incoming phone calls, what to do if the doorbell rings, fire prevention, internet safety, and basic first aid.

#### CPR, AED, and Basic First Aid

Tailored to meet your group's unique training needs! Certification and awareness-only course options are available. Contact us to arrange a customized class based on your group's learning objectives.